



Pre and Post care for Toxins

Botox/Dysport/Daxxify

When Will I See Results?

You should start to see / feel results in 3-7 days but it can take up to two full weeks for final results.

Am I going to bruise?

Bruising is uncommon with Botox injections but can occur with any treatment involving injections. Some people are prone to bruising easier than others. If you do think you are getting a bruise, avoid caffeine and blood thinners such as ibuprofen and alcohol. Arnica pills also help!

Why does my head hurt?

It is possible to develop a headache after botox injections. While headaches are usually mild and brief, about 1% of these headaches are categorized as severe and longer-lasting. If you are not bruising, you can try taking Tylenol, ibuprofen or caffeine.

Why do I have small bumps on my skin?

Little bumps are completely normal and generally resolve within a few minutes after treatment. Make sure you don't apply pressure to the area. Sometimes a bump can last a day or two after treatment and is often the result of a bruise. If this happens you can ice or apply arnica.

Think you need a touch up?

We recommend waiting two full weeks for final results. If you feel like you need a touch up let us know and we are more than happy to accommodate you!

Fresh Tox, What Now?

Big rules for after your botox treatment is to avoid laying flat for the next 4 hours, avoid pressure to the area (this means no hats, yoga, etc.) and no exercise for the day.