



## **Pre and Post Care Microneedling**

When can I start wearing makeup? What about skincare?

Aim to wait 24 hours before applying makeup. Moisturizer and SPF are good to go, as is vitamin C (although it may sting a little!) Avoid retinol-based products for 5-7 days.

How long will I be red?

Most people experience some redness for 24 hours or less. Depending on skin type and depth of procedure performed, your redness and healing may take up to a week.

How often can I get treatment?

We recommend a series of 3-5 treatments about 1 month apart to reveal optimal results.

Loved that! What just happened?

We just punctured hundreds of tiny needles in your skin to encourage your body to go into "healing" mode and jump start your collagen and elastin production. Translation? Over the next 4-6 weeks, you'll be producing more of the stuff that makes your skin beautiful. It can also help with acne marks, scar reduction, stretch mark reduction, skin tightening/wrinkles and pigment reduction.

What do I do next?

Wash your face with a mild soap and water to remove any excess dry skin/scabs and allow your skin to breathe and heal faster!