



Pre and Post Care for IPL

What to expect from the treatment?

IPL is a great “color blending” procedure. It is a non-invasive treatment that uses broad-spectrum light to target a variety of skin concerns such as sun damage, age spots and vascular lesions. After treatments you may or may not experience what looks like “coffee grounds” appearance over certain lesions. Do not pick them off, they will slough off on their own. Make sure you wear your sunblock after your treatment and enjoy the glow!

How many treatments do I need?

IPL facial treatments are typically performed in a series, 3 treatments done 1 month apart to help rejuvenate the skin leading to a smoother, more youthful complexion

Can I be tan prior to the treatment?

No. We ask patients to stay out of the sun for 2 weeks before and after treatment. Patients also can not have treatment done if they have self-tanning cream on.